Career Snapshot

Career Snapshot is a comprehensive career assessment program facilitated by a member of the Career Center staff.

It is designed to give you a detailed overview of three important factors to consider in making career choices: What do you find meaningful, what abilities do you have and want to use in your work and what do you find enjoyable to do. You can then use this information to zero in on career fields and work opportunities that fit you.

Questions Career Snapshot can help answer:

- How can I understand myself better and use work to be the person I want to be?
- What work environment best suits me?
- How can I develop a career that feels purposeful, significant, and engaging?

This assessment can help you:

- Build a foundation for effectively exploring multiple career options that fit who you are
- Plan your career development strategy and action steps
- See how your interests, personal strengths and values can motivate and guide you as you move through your life and career.

What you get when you take this assessment:

- Your own personalized version of a Career Snapshot
- One-On-One discussion and coaching with a Career Center advisor

For more information or to schedule an appointment, call (801) 832-2590 or stop by the Career Center in Shaw 101.