Eye Infections

What are eye infections?

- Pink eye or conjunctivitis is a bacterial or viral infection of the lining of the eyelid. Eye infections may also be caused by chemicals, allergies, or other eye irritants.

Signs and Symptoms:

- Redness, tenderness, swelling of the whites of the eye
- Inflammations are often accompanied by tears, itching, burning, and a "gritty" feeling in the eye, as well as occasional sunlight sensitivity.
- Discharge

Helpful Hints

- Wash hands before handling contact lenses
- Use contact cleaning solutions generously
- Never wet lenses with saliva (which is a source of bacteria)
- Discard make up following an eye infection

When to call a Health Professional

- Painful eye with visible redness and/or swelling
- A discharge not relieved in 24 hours
- Different pupil sizes