Myers-Briggs Type Indicator (MBTI)

The Myers Briggs Type Indicator (MBTI) is an online questionnaire-style assessment. **

It is designed to help you determine your personality preferences and your personality type.

Questions the MBTI can help answer:

- What are my strengths as they relate to my career?
- What work environment best suits me?
- What career options might fit well with who I am?

This assessment can help you:

- Identify job families, or broad occupational categories, to get you started in your career search
- Choose a specific job or career direction
- Identify strengths and potential weaknesses of your type for the career search process
- Plan your career development strategy and action steps

What you get when you take this assessment:

- MBTI Career Report (ten page report)
- Personality Type Description
- MBTI Informational Handout
- One-On-One discussion with a Career Center advisor

For more information or to schedule an appointment, call (801) 832-2590 or stop by the Career Center in Shaw 101.

** There is a $15.00 fee to take this assessment.