Student Handbook

Alcohol & Other Drug Abuse Prevention and Education Program
Westminster College has a multi-faceted approach to provide alcohol and drug abuse prevention and education. We implement the Under the Influence Course for our students. All Westminster students are encouraged to complete this course, and those that violate our alcohol policy are required to complete this course. Marijuana 101 is a course that is required for all students that violate our drug policy. Both Under the Influence and Marijuana 101 are provided by 3rd Millennium Classrooms and used by hundreds of colleges and universities nationwide regarding alcohol and drug education. Another resource at Westminster is the Student Advocates for Balanced Lifestyles (SABL) program. These student volunteers, supervised by our professional counseling center staff, implement a number of alcohol and drug education programs and events throughout the year. The Student Advocates for Balanced Lifestyles are Westminster College students who are committed to making safe and healthy choices about using alcohol and other drugs. This program offers opportunities for students to make healthier and safer choices involving their alcohol/other drug use and related student wellness behaviors. Furthermore, SABL provides classes each semester for students to learn more about alcohol and other drugs. All students may attend, and those that have violated Westminster’s alcohol policy may be required to complete the course. Student Advocates also staff wellness information outreach tables, provide literature on harm reduction and the possible effects of alcohol and other drugs, and can also talk to students one on one about concerns and questions. Westminster also encourages students to complete the Prime for Life® course through the state of Utah. Prime for Life® is an evidence based, risk reduction drug and alcohol education program — it is not substance abuse treatment. Prime for Life® simply presents straightforward, research based information in a relaxed environment. It is a sixteen-hour course and again can be required for students that violated the Student Code of Conduct.
Westminster College also encourages students to utilize our counseling center. Counselors are dedicated to provide confidential resources to assist students who are directly or indirectly affected by alcohol and other drug abuse. They can provide education, referrals, assessment, and support to all campus community members. Westminster promotes standards of conduct that prohibit the unlawful possession, use, or distribution of illicit drugs and alcohol on campus, or as any part of college activities. Westminster offers information, support, and referral assistance to students who have problems/issues related to alcohol/drug use or abuse. Westminster also provides information, support, counseling, and referral for those students affected by substance abuse within their families. Alternative student programs and activities and health-risk education to help prevent abuse of alcohol and the illicit use of other drugs are provided, along with workshops, seminars, and training. The Counseling Center gives support to friends and family who are affected by someone else’s alcohol/drug use and supports other Westminster offices, faculty, and staff with issues relating to alcohol/drug use. Community resources, including local treatment and recovery programs options are also available. More information about alcohol and other drug abuse prevention and education can obtained from the counselors in the Shaw Center at 801-832-2273.
Campus Housing

ALCOHOLIC BEVERAGE POLICY
The policies and procedures outlined in this section are in addition to the general Alcoholic Beverage Policy of Westminster College found in the Student Handbook.
Hogle, Carleson, Olwell, and Behnken Halls are designated as “dry” halls. This means that there is to be NO alcohol or alcohol containers in the halls (common areas or individual rooms). This is because these halls are reserved for freshman under the age of 21. Students (and/or guests) in these halls shall not buy, drink, exhibit intoxication, or possess (even hold) alcoholic beverages. For those residents living in campus housing other than Hogle, Carleson, Olwell, and Behnken, the following regulations will help guide you with regard to the alcohol policy.

Individual Regulations
1. Students (and/or guests) of legal age (21 and over) may possess and consume alcoholic beverages in the privacy of their own residence hall rooms with the door closed, but only if they reside in a private room or with a roommate(s) of legal age. Students in the possession of alcohol must carry a valid form of identification on them.
2. Students (and/or guests) under the legal age of drinking shall not buy, drink, exhibit intoxication, or possess (even hold) alcoholic beverages.
3. Students (and/or guests) of any age shall not act belligerent, exhibit intoxication, or be visibly intoxicated.
4. The possession and consumption of alcohol shall not infringe upon the privacy or peace of other individuals.
5. Items used for the mass consumption of alcohol (beer bongs, kegs, beer pong parties, etc) are strictly prohibited within residential areas.
6. The director of residence life shall continue to provide procedures for permitting students the selection of a roommate who does not wish to use alcoholic beverages in his/her room.
7. Empty “display” bottles/cans of beer/alcohol are not allowed in residential areas.

Group Regulations
1. Possession of an open container or consumption of alcoholic beverages in any area other than individual rooms/apartments is prohibited. This includes (but is not limited to) the village green, hallways, corridors, lounges, study areas, community bathrooms, parking lots, and/or outside of the residential houses.
2. Minors found in a room/apartment where drinking is taking place, whether they are drinking or not, may be assigned disciplinary sanctions. Legal-age drinkers in that location will also have disciplinary sanctions, as it is their responsibility to make sure everyone is of age.
3. A student bringing a guest on campus is responsible for seeing that the guest adheres to all Westminster regulations and will be held accountable for the behavior of the guest.
4. Students residing in the Residential Houses are not allowed to host gatherings over the size of 10 people. Parties with alcohol are strictly prohibited within any of the campus-owned houses. 19
**DRUG POLICY**

Westminster College is committed to having a drug-free campus, including all campus housing. Westminster College prohibits the possession, use, distribution, and manufacture of illegal drugs and paraphernalia by its students. The abuse of prescription drugs will be treated the same as use of illegal drugs. The college will cooperate with the local and state authorities in the enforcement of Utah State Laws. (See also the Westminster College Substance and Alcohol Abuse Policy in the Student Handbook). Disciplinary sanctions will be imposed on students for violating Westminster College’s Substance and Alcohol Abuse Policy. In addition to any of the sanctions set forth in this policy, Westminster College reserves the right to refer all matters in violation of its Substance and Alcohol Abuse Policy to the appropriate law enforcement agencies.

Westminster College will cooperate, as needed, with these authorities in connection with enforcement of the law. Any violation of Westminster’s Substance and Alcohol Abuse Policy may subject the offender to the minimum sanctions as outlined below:

Students involved in any drug violations may have their parents notified by the Dean of Students.

**Distribution or Manufacture of Drugs or Drug Paraphernalia:**

The penalty for sale, distribution, or manufacture of a controlled, illegal substance, or drug paraphernalia (hookahs, bongs, water pipes, roach clips, etc.) on the Westminster College campus, or as part of its activities, can result in permanent expulsion from Westminster College and possible involvement with the law enforcement agencies. Smoking or ingesting a substance not intended for consumption will be considered a violation of the Code of Conduct. Use, possession, or distribution of salvia and/or spice will be considered a violation of the Code of Conduct. Pipes, hookahs, bongs, etc., are not allowed anywhere on campus, as the college deems them drug paraphernalia.

**Alcohol and/or Drug Violations Discovered by Resident Advisors or Campus Patrol:**

When a party involving alcohol is broken up, the RA and/or Campus Patrol will take the following actions:

1. All guests and students MUST comply with requests and show ID.
2. All non-residents of Westminster must leave campus after showing ID. All non-residents of that room must leave the room after showing ID.
3. All alcohol must be disposed of, and the empty bottles/cans need to be taken to the recycling bin by the residents.

**Note:** Full cooperation is necessary from all involved. The resident’s area may be briefly searched to confirm all alcohol has been dumped and all participants have shown ID.

**SANCTIONS FOR ALCOHOL AND/OR DRUG VIOLATIONS**

The following sanctions may be imposed for Residence Hall Alcohol and/or Drug violations:

- Online Alcohol Course/Online Drug Course
- Community service hours
- Essays
- Educational programs
- Eviction from campus housing
- Restricted access to campus housing
- Parent notification
- Peer mentoring program
- Counseling
- Fines

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Factors included in the selection of sanctions include the seriousness of the offense, the maturity and needs of the individual or group found responsible for the offense, the needs of the community, and the current disciplinary status, if any, of the offender(s), and cooperation from the offender.

**Sanctions are imposed for the following reasons:**
1. To assist the individual or group involved in learning how to live more suitably within the opportunities and limitations created by the college’s standards.
2. To protect the excellence of the educational environment.
3. To provide a vehicle for the rectification or correction of any damages resulting from inappropriate behavior.

Failure to fulfill imposed sanctions within the specified time will be cause for further disciplinary action.

**Internet Postings and Online Communities**
Students may be held accountable for public postings or displays of information pertaining to and/or in direct violation of college policy; this includes, but is not limited to, websites, Facebook, Twitter, Instagram, blogs, online messaging, text messaging, and other sources on or offline.

**BEHAVIOR INTERVENTION**
If a student exhibits behavior or engages in conduct that threatens or impacts his or her safety or well-being, or the safety or well-being of others, the Dean of Students, or designated agent, will intervene and take action as he or she believes is necessary to protect the student, other people, or the faculty, staff, and property of the college. Such action may include, but is not limited to, referring the student to counseling, requiring the student to leave the residence halls, and notifying law enforcement. Further, the college reserves the right to notify a student’s parents/guardians, with or without the permission of the student and regardless of the student’s age or status, when, in the judgment of the college, the student or others may be at risk.

**Annual Security Report**

**Substance and Alcohol Abuse Policy**
Westminster College prohibits the unlawful use, possession, manufacture, transportation, promotion, or distribution (by either sale or gift) of illegal drugs or otherwise legal but illicitly used substances, including prescribed and/or over-the-counter drugs not being used for their intended or authorized purposes on the campus of Westminster College or as part of any of its activities. Possession of paraphernalia (including, but not limited to, hookahs and bongs) associated with the use, possession, or manufacture of a controlled or illegal substance is prohibited on the campus of Westminster College or as part of any of its activities.

Except in those instances when prior approval has been obtained from the Westminster College administration, the use, possession, manufacture, transportation, promotion, or distribution (by sale or gift) of alcoholic beverages is prohibited on the campus of Westminster College or as part of any of its activities.

Beverage permit applications must be completed by individuals or groups responsible for an event where alcoholic beverages may be served. Westminster College will make a determination for each application, and Westminster College reserves the right to refuse
its permission. Beverage permit applications may be obtained from the Office of Risk Management. The Drug-Free Workplace Act of 1988 requires all grantees or contractors of the federal government to certify that they will maintain a drug-free workplace in accordance with the act.

**Interpretation, Administration, and Enforcement**

The administration of Westminster College has adopted rules and regulations in connection with the interpretation, administration, and enforcement of this substance and alcohol abuse policy. Westminster College reserves the right to interpret, apply, and enforce the provisions of this policy, including the determination of whether a violation has occurred. The college also reserves the right to amend this policy as necessary to maintain compliance with applicable local, state, and federal laws or as needed to maintain the objectives of this substance and alcohol abuse policy. Westminster College shall conduct a biennial review of this policy to determine the program’s effectiveness. This substance and alcohol abuse policy shall be distributed annually to all students of Westminster College.

**Disciplinary Sanctions for Violations**

Students violating Westminster College’s substance and alcohol abuse policy will be disciplined according to the Student Code of Conduct set forth in the Student Handbook. In addition to any of the sanctions set forth in this policy, Westminster College reserves the right to refer all matters in violation of its substance and alcohol policy to the appropriate law enforcement agencies. It is the responsibility of each individual to seek assistance before alcohol and drug problems lead to disciplinary action. A student’s decision to seek assistance with an alcohol or substance abuse problem may be considered a mitigating factor in connection with any Westminster College disciplinary sanctions. Depending upon the nature or severity of the violation, a student may be required to be assessed/evaluated by the prevention program coordinator.

**Distribution or Manufacture of Drugs or Drug Paraphernalia**

The penalty for sale, distribution, or manufacture of a controlled, illegal substance or drug paraphernalia on Westminster campus or as part of any of its activities can be permanent expulsion from Westminster College.

**Risks of and Penalties for Using Alcohol**

Alcohol is psychologically and physically addictive. The risks of using alcohol also include respiratory depression; depression of the immune system; increased risk of heart disease, cancer, accidents, or hypertension; brain damage; damage to unborn fetus; or impotence at high-dosage levels. Mothers who drink alcohol during pregnancy may give birth to infants with Fetal Alcohol Syndrome. These infants often have irreversible physical abnormalities and mental disabilities. Research shows that children of alcoholic parent are at greater risk of becoming alcoholics. High doses of alcohol cause respiratory depression and death. If combined with other depressants of the central nervous system, much lower doses of alcohol will produce the effects just described. Repeated use of alcohol can lead to dependence. Sudden cessation of alcohol intake is likely to produce withdrawal symptoms including severe anxiety, tremors, hallucinations, and convulsions. Alcohol withdrawal can be life threatening. Long-term consumption of large quantities of alcohol, particularly when combined with poor nutrition, can also lead to permanent damage to vital organs such as the brain and liver.
Counseling and Treatment for students of Westminster College
Westminster College offers a substance and alcohol abuse education and prevention service for the students and employees of Westminster College.
The college will use educational and informational resources available to help students gain an insight into this complex subject and to minimize the need for disciplinary action. The college encourages students with problems or questions pertaining to drug use to seek professional help through the Student Services Counseling Center or through the Office of the Dean of Students. It should be emphasized that all matters discussed in this regard will be kept in confidence.
The Office of Student Life serves as a resource for the identification and referral to treatment and rehabilitation services for those students experiencing problems related to substance abuse. The college counselors are available for individual counseling and/or evaluation of a substance or alcohol problem.

Counseling and Treatment for employees of Westminster College
Westminster College has an Employee Assistance Program (EAP). This program provides confidential access to professional counseling services for help in confronting such personal problems as alcohol and other substance abuse, marital and family difficulties, financial or legal troubles, and emotional distress. The EAP is available to all employees and their immediate family members by offering problem assessment, short-term counseling, and referral to appropriate community and private services.
The EAP is strictly confidential and is designed to safeguard the employee’s privacy and rights. Information given to the EAP counselor may be released only if requested by the employee in writing. All counselors are guided by a Professional Code of Ethics.
There is no cost for employees to consult with an EAP counselor. If further counseling is necessary, the EAP counselor will outline community and private services available. The counselor will also let employees know whether any costs associated with private services may be covered by their health insurance plan. Costs that are not covered are the responsibility of the employee.

Utah Alcohol Laws
Driving Under the Influence (DUI):
It is illegal to drive or be in physical control of a vehicle, even when parked, while under the influence of alcohol or other drugs. Utah’s Implied Consent Law requires submission to a blood alcohol content (BAC) test. Refusal will result in revocation of your license for one year. You are in violation if your BAC is .08 or greater or the officer judges you to be impaired.
Penalties:
Class B misdemeanor: for the first and second conviction of driving under the influence of alcohol or drugs.
Sentencing:
1. Not less than 48 hours in jail,
2. Serve 48 hours in a compensatory-service work program
3. Pay a fine of not less than $700.00
Class A misdemeanor: for the following:
1. Bodily injury was inflicted upon another person
2. There was a passenger under 16 years of age in the vehicle at the time of the offense; or
3. Was 21 years of age or older and had a passenger under 18 years of age at the
time of the offense
Sentencing:
1. Not less than 240 hours in jail
2. Serve 240 hours in a compensatory-service work program
3. Pay a fine of not less than $800.00

Third degree felony: for the following:
1. Inflicts serious bodily injury upon another
2. The person has two or more convictions, each of which is within ten years of the current
conviction.
3. If the conviction is at any time after a conviction of automobile homicide that is committed after
July 1, 2001
Note: A person is guilty of a separate offense for each victim suffering bodily injury or serious bodily
injury or death.
Sentencing: if the court suspends prison time and places the defendant on probation, the
court shall impose:
1. A jail sentence of not less than 1500 hours
2. Pay a fine of not less than $1500.00
3. Place under a supervised probation
4. An order requiring the person to obtain a screening and assessment and substance abuse treatment
at a substance abuse program providing intensive care or
inpatient treatment and long term care closely supervised follow-through after treatment for not less
than 240 hours.
Suspension of driver license
If a person is 21 years of age or older at the time of arrest, The Driver License Division
will suspend the operator's license of a person convicted for the first time of an offense committed on
or after July 1, 2009; and revoke for a period of two years the license of a person if the person if the
person has a prior conviction and the current driving under the influence violation is committed
within a period of ten years from the date of the prior violation and on or after July 1, 2009.

Minors in Possession (MIP): It is illegal for minors (under 21) to buy, possess (even hold), or drink
alcohol. Penalties: Up to six months imprisonment and/or a $1,000 fine; Class B misdemeanor. When
a minor who is at least 18 years old, but younger than 21 years old, is found in violation of this law,
the court hearing the case shall suspend the minor's driving privileges

Not-a-Drop Law: It is illegal for anyone under 21 years of age to operate a vehicle while there is any
measurable alcohol (less than .08) in his or her body. Penalties: Loss of license for 120 days or until
the person is 21 years old, whichever is longer, required substance
abuse assessment, and may face MIP laws. A second offense within ten of a prior denial or suspension and committed on or after July 1, 2009 will results in suspension until the person is 21 or for a period of two years whichever is longer.

Open Container: It is illegal to drink any alcoholic beverage while operating, or as a passenger in, a vehicle (parked or moving), or have an open container in a vehicle. Once a container is opened, one can be arrested for possession. Violating an open container law is a Class B misdemeanor with a maximum penalty of six months imprisonment and/or $1,000 fine.

Minors: It is illegal to sell or supply alcohol to a minor. Penalties: Up to one year imprisonment and/or up to $2,500 fine; Class A misdemeanor.

Intoxication: It is illegal to drink in a public building, park, or stadium or to be so intoxicated that you disturb others or injure yourself or others. Maximum penalty is 90 days imprisonment and/or $750 fine; Class C misdemeanor. It is also illegal to sell or supply to intoxicated persons or to purchase alcohol if intoxicated. Maximum penalty is six months imprisonment and/or $1,000 fine; Class B misdemeanor.

Unlawful Transfer or Use of Identification Card: It is illegal to give or use another’s identification card to (1) procure alcoholic beverages, (2) gain admittance where alcohol is sold or consumed, and (3) obtain employment that requires employees to handle alcoholic products. Maximum penalty: six months imprisonment and/or $1,000 fine; Class B misdemeanor.

Dram Shop Liability: This refers to any person who provides alcoholic beverages illegally to underage persons or who provides alcohol to someone who is apparently intoxicated or, given the circumstances, may be under the influence of alcohol or other drugs. If the intoxicated person causes injury to persons or property while intoxicated, the person who furnished the alcohol is liable for injuries, property, or support to any third person or their spouse, child, or parent.

**Risks of and Penalties for Using Other Drugs**

Federal and Utah state laws make it illegal to possess or possess with intent to sell, manufacture, or sell and/or deliver any of the following drugs:

Marijuana: Includes THC, hashish, hash oil, and tetrahydrocannabinol. Risks include psychological and physical addiction; increased risk of lung cancer, bronchitis, or emphysema; heart disease; fatigue; paranoia; or psychosis; withdrawal symptoms include insomnia, hyperactivity, suppressed appetite, depressed immune system, decreased sperm count, irregular ovulation, or possible sperm and ovum damage.

Federal penalties:
1. Under 50 kg., five years and $250,000; 50-100 kg., maximum 20 years and $1 million;
2. 100-1,000 kg., maximum five to 40 years and $2 million; more than 1,000 kg., minimum 10 years to life and $4 million.

Utah penalties for possession:
1. Under one oz., up to six months and/or $1,000, Class B misdemeanor;
2. one to 16 oz., up to one year and/or $2,500, Class A misdemeanor;
3. 16 oz. or more, up to five years and/or $5,000, third-degree felony.
4. Utah penalties for intent to distribute: Up to five years and/or up to $5,000; third-degree felony (second-degree felony on campus).

Narcotics 1: Includes heroin, hallucinogens such as LSD and mescaline, and peyote. Risks of use include psychological and physical addiction, depression, withdrawal, convulsion, unpredictable behavior, and damage to unborn fetus.
Federal penalties:
1. five to 40 years imprisonment depending on amount up to 10 years to life; $2–4 million.
State penalties:
1. Up to five (5) years and/or $5,000 for possession; third-degree felony (second-degree felony on campus).
2. From one (1) to 15 years and/or $10,000 for intent to distribute; second-degree felony (first-degree felony on campus).

Narcotics 2: Includes opium, morphine, methadone, or codeine; depressants or some barbiturates; stimulants such as cocaine, some amphetamines, or PCP. Risks include psychological and physical addiction, convulsions, respiratory failure, or damage to unborn fetus; agitation, hallucinations, or convulsions; elevated blood pressure, which can cause irregular heartbeat and death.
Federal penalties:
1. Five to 40 years to 10 years to life with a maximum fine of $2–4 million.
Utah penalties:
1. Up to five years and/or $5,000; third-degree felony for possession (second degree felony on campus).
2. From one to 15 years and/or $10,000; second-degree felony for intent to distribute (first-degree felony on campus).

Stimulants: Includes some amphetamines; depressants, including some barbiturates; and some narcotics. Risks include psychological and physical addiction; potential liver damage, nausea, vomiting, dizziness, disorientation, coma, or damage to unborn fetus; or death; withdrawal symptoms include anxiety, tremors, insomnia, or convulsions.
Federal penalties:
1. Maximum five years and $250,000.
Utah penalties:
1. Up to six months and/or $1,000; Class B misdemeanor for possession (Class A misdemeanor on campus).
2. Up to five years and/or $5,000; third-degree felony for intent to distribute (second-degree felony on campus).

Depressants: Includes the benzodiazepines (valium, librium, dalmane), chloral hydrates, some barbiturates, some stimulants, or some narcotics. Risks include psychological and physical addiction; drowsiness, muscle cramps, anxiety, tremors, insomnia, or convulsions; damage to unborn fetus; or death.
Federal penalties:
1. Maximum three years and $250,000.
Utah penalties:
1. Up to six months and/or $1,000; Class B misdemeanor for possession (Class A misdemeanor on campus).
2. Up to five (5) years and/or $5,000; third-degree felony for intent to distribute (second-degree felony on campus).
Chemical Compounds (in smaller quantities than drugs listed above): Risks include psychological and physical addiction; nausea, gastrointestinal symptoms, or drowsiness; withdrawal symptoms include runny nose, watery eyes, panic, chills, cramps, irritability, nausea, or damage to unborn fetus.
Federal penalties:
1. Maximum one year and $100,000.

Utah penalties:
1. Up to six months and/or $1,000; Class B misdemeanor for possession (Class A misdemeanor on campus).
2. Up to one (1) year and/or $2,500; Class A misdemeanor for intent to distribute (third-degree felony on campus).
Additional Utah Laws
Obtaining or Distributing under False Pretenses: Maximum penalty is five years imprisonment and/or $25,000 fine; third-degree felony.
Paraphernalia: Use, possession or sale of drug-related paraphernalia is illegal with a maximum penalty of five (5) years imprisonment and/or a $5,000 fine; third-degree felony.
Inhalants: Sale or use of psychotropic chemicals (glue, paint, etc.) to get high is illegal with a maximum penalty of six months imprisonment and/or $1,000 fine.
Imitation Controlled Substances: It is illegal to possess, manufacture, or sell imitation controlled substances. Maximum penalty: 90 days and/or $750 for possession (misdemeanor); one year and/or $2,500 for manufacture or sales (Class C misdemeanor). It is also illegal to purchase supplies and equipment necessary for the manufacture, transportation, and distribution of these substances.