Student Resources in Response to World Events

From the Counseling Center:
- The **Wellness Hour** will be an ongoing drop-in program where students can come and learn healing and self-care strategies.
- **Support groups:** Counseling Center will hold ongoing support groups that are confidential and demographic-specific.
- A member of the Counseling Center will establish regular informal hours in the DI Center (about one hour/week). These will not be confidential and will be focused on strengthening the relationship between the Counseling Center and students from marginalized backgrounds.

From the Diversity & Inclusion Center:
- **Co-Curricular Programming:** Teach-ins that will happen once a month. DI Center will organize and collaborate with content experts.
- **Healing Circles:** In partnership with Psychology faculty, healing circles will be offered after high impact current events.